**J.S.Ayurved Mahavidyalaya &**
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# Annual report of NSS April 2025 – June 2026

## 85 Activities

| MONTH | DATE | PROGRAM | ACTIVITY | PLACE |
|---|---|---|---|---|
| **1. APRIL 2025** | **03/04/2025 – 05/04/2025** | **3 days self-defense training programme** | Vishakha committee, NSS unit, IQAC of JSAM & Internal complaint cell, MAM University, Nadiad has jointly organized 3 days defense training program for 1st year UG & PG girls students & newly joined female faculties. The training program has been started on 03/04/2025 at 6.30 am on Terrace of JSAM. The 3 days training program was conducted successfully. By Mrs. Jaimini Desai. Valedictory session was arranged on 05/04/2025 at 07.30 am | **J.S. Ayurveda Mahavidyalaya** |
| **2.** | **12/04/2025** | **Celebration of Ambedkar Jayanti** | NSS unit of J.S. Ayurveda Mahavidyalaya orchestrated a meaningful event for its students. A pledge ceremony, fostering commitment to social justice and equality, was administered to all undergraduate students. Following this solemn occasion, second-year, second-term students actively participated in a rally held in the vicinity of the college campus, raising awareness | **J.S. Ayurveda Mahavidyalaya** |

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| | | | and honoring Dr. B.R. Ambedkar's enduring legacy. | |
| **3.** | **30/04/2025** | **"Swatha Gujarat Medasvita Mukta Gujarat"** | NSS unit and Swasthavritta department of JSAM has organized a seminar of Dr. Astha Thakkar on topic- Lifestyle management and yoga in Obesity, for the students having risk of developing obesity and online survey of BMI was done of all the UG students under "Swatha Gujarat Medasvita Mukta Gujarat" campaign. | **J.S. Ayurveda Mahavidyalaya** |
| **4. MAY 2025** | **08/05/2025** | **Seminar on awareness and prevention of Thalassemia** | An insightful seminar focused on the awareness and prevention of thalassemia was organized specifically for the Class 3 and Class 4 staff of P.D. Patel Ayurveda Hospital. The program was graced by the presence of Shri Parimal Desai, the esteemed Project In charge of the Indian Red Cross Society, Nadiad, who served as the chief guest and the director of P.G Studies Prof. Dr. P.U. Vaishnav sir. Dr. Bhagyashree Tandel, the NSS Program Officer, expertly delivered the informative lecture. | **J.S. Ayurveda Mahavidyalaya** |
| **5.** | **08/05/2025** | **Online Quiz Competition** | This Quiz completion was conducted through a Google form containing 10 questions with 2 marks for each. As decided priorly, the link of | **J.S. Ayurveda Mahavidyalaya** |

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| | | | google form was shared on 08/05/2025, and it was working from 11.00 am to 12.00 pm (1 hour) only. At the end of the stipulated time, the link was closed for responses, and at that time, we had received 110 responses from students. | |
| **6.** | **22/05/2025** | **Virtual seminar on account of World Biodiversity Day** | On the occasion of World Biodiversity Day, NSS unit, PG Department of Dravyaguna & Green Audit Committee of J.S.Ayurveda Mahavidyalaya, Nadiad has organized a virtual seminar of renowned Environmental Activist & Ayurveda Physician Dr. Tejas Doshi for all the students on Topic: Nature conservation & avoid Single use Plastic.<br>A total number of 114 Students attended this seminar. | **Webinar** |
| **7.** | **31/05/2025** | **Screening and awareness camp on occasion of "World No Tobacco Day"** | Department of Agad Tantra, Department of Shalakya tantra, NSS unit and IOAC hosted a Screening and awareness camp at Santaram Mandir, Nadiad. Beneficiaries underwent through Oral examination and personal counselling session were offered to those seeking a healthier tobacco free lifestyle | **Santaram Mandir, Nadiad** |
| **8.** | **05/06/2025** | **Seed Ball Preparation Workshop** | PG Department of Dravyaguna, NSS Unit and Green Audit committee of | **J.S. Ayurveda Mahavidyalaya** |

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| **JUNE 2025** | | | J.S.Ayurveda Mahavidyalaya has organized Seed Ball Preparation Workshop on 05/6/2025 on the occasion of World Enviromental Day. Prof.Dr.P.U.Vaishnav Sir, Prof. Dr.Vidhi Bapna, NSS PO Dr. Bhagyashree Tandel and all the faculties of JSAM along with PG students and NSS Volunteres actively participated in this workshop. Total 10000 seed balls of 12 medicinal plant species were prepared. | |
| **9.** | **14/06/2025** | **Poster Making Competition, on the occasion of World Environment Day 2025** | The Poster-Making Competition held on World Environment Day 2025 was a resounding success, bringing together participants from the 2nd Professional 2nd Term to express their creativity and raise awareness about environmental issues. The theme for this year's competition was "Beat Plastic Pollution," encouraging participants to reflect on the urgent need for sustainability and environmental protection. A total of 9 posters were created, showcasing powerful visuals and thought-provoking slogans. | **J.S. Ayurveda Mahavidyalaya** |
| **10.** | **18/06/2025** | **IYD- Rangoli Making Competition** | Department of Swasthvaritta, NSS unit, and IQAC of J.S. Ayurveda Mahavidyalaya have arranged a rangoli-making competition with the topic "Yoga for One Earth, | **J.S. Ayurveda Mahavidyalaya** |

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| | | | One Health" in honor of the 11th International Yoga Day. These rangolis were created by the students in a group of three between 3.30 and 5.30 p.m. Dr. Aastha Thakar and Dr. Bhagyashree Tandel organized this competition. Judging was done by Dr. Janki Lukhi and NSS PO Dr. Bhagyashree Tandel. | |
| **11.** | **19/06/2025** | **Poster Making Competition** | Department of Swasthvaritta, NSS unit, and IQAC of J.S. Ayurveda Mahavidyalaya have arranged a poster-making competition with the topic "Yoga for One Earth, One Health" in honour of the 11th International Yoga Day. These posters were created by the students in pairs between 3.30 and 5.30 p.m. Dr. Aastha Thakar and Dr. Bhagyashree Tandel organized this contest. Dr. Haripriya Panjabi Ma'am and Dr. Nimesh Kacchiya Sir conducted the judging. | **J.S. Ayurveda Mahavidyalaya** |
| **12.** | **20/06/2025** | **Picture with your best Yoga Pose Competition** | J.S. Ayurveda Mahavidyalaya's Department of Swasthvaritta, in collaboration with the NSS unit and IQAC, organized a "Picture with Your Best Yoga Pose" competition to commemorate the 11th International Yoga Day. Students enthusiastically participated by submitting their entries via a Google Forms link, with a | **J.S. Ayurveda Mahavidyalaya** |

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| | | | submission deadline of June 20th. The competition saw a wonderful display of dedication to yoga among the students. | |
| **13.** | **20/06/2025** | **Ashtanga Yogasana Competetion** | On the occasion of International Yoga Day, the Department of Swasthvritta & Yoga, NSS unit, IQAC of J.S. Ayurveda jointly organized Ashtanga Yogasana Competition on Yoga for One Earth,One Health.The Partcipants had performed 3 mandatory asanas and 1 asana as per their choice.The competition was judged by the proficient Dr Rohith G and Dr Aastha Thakar, who evavluated the performances evenly.The competition was conducted smoothly along with Dr.Bhagyashree Tandel (NSS programe officer) | **J.S. Ayurveda Mahavidyalaya** |
| **14.** | **11/06/2025 to 19/6/2025** | **Pre-International Yoga Day – Yoga Demonstrator Training** | The training, which commenced on June 11, 2025, and included sessions on June 12, 16, 17, 18, and 19, 2025, has been successfully concluded as of June 19, 2025.<br>Selected students from the 2.1 and 2.2 batches, designated as yoga demonstrators and anchors for the upcoming International Yoga Day event, actively participated in the mandatory training. All sessions were held at the | **J.S. Ayurveda Mahavidyalaya** |

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| | | | Yoga Hall, Department of Swasthavritta and Yoga, from 3:30 PM to 4:30 PM. | |
| **15.** | **21/06/2025** | **International Yoga Day Celebration** | On the occasion of International Yoga Day, NSS unit of MAM University and Department of Swasthvritta have jointly organized Yoga Session for all the Faculties and students of J.S.Ayurveda Mahavidyalaya, DPCN college of Nursing and BCA College at from 7:00 am to 8.15 am at The Grand Chetak, Nadiad.<br>The occasion was graced by Mr. D J Vyas, Registrar, MAM University Nadiad and Mr. Virendra Jain, Principal, DPCN, Nadiad.<br>Welcome address was given by Dr. Rohith Kumar. Under the guidance of Dr Rohit sir, NSS Volunteers Akash Thakkar & Hetviksinh Chudsama instructed the Yoga Protocol along with the demonstrators to the faculties & students. | **The Grand Chetak, Nadiad** |
| **16.** | **26/06/2025** | **Awareness Drama, Lecture and Pledge Taking on the occasion of International Day against Drug Abuse and Illicit** | On the occasion of the International Day Against Drug Abuse and Illicit Trafficking, the Department of Agad Tantra and NSS Unit of JS Ayurveda Mahavidyalaya, Nadiad, organised an impactful Awareness Program at Shree Santram English Medium | **Shree Shantaram Vidhyalaya (English & Gujarati Medium), Nadiad** |

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| | | **Trafficking 2025** | School, Nadiad, on 26th June 2025.<br>The program featured an engaging awareness skit performed by the students of JS Ayurveda Mahavidyalaya.<br>Total no of Beneficiaries: 148 | |
| **17.** | **27/06/2025** | **Plantation Program on occasion of Ashadhi Beeja.** | On the auspicious occasion of Ashadhi Beeja, PG Department of Dravyaguna, NSS Unit, and the Green Audit Committee of IQAC department have jointly organized a "Program for Plantation" at Anand Aashram, Nadiad of Pujya Swami Muditavadananand Saraswatiji. A total of 42 saplings of 11 different species were planted in the Aashram and 1000 seed balls were also dispersed in the nearby area of the Aashram. | **Anand Aashram, Nadiad** |
| **18. JULY** | **17/07/2025** | **Plantation Program on occasion of Van Mahotsav** | On the occasion of Van Mahotsav, PG Department of Dravyaguna, NSS Unit, and the Green Audit Committee of IQAC department collaboratively organized a "Program for Plantation" in Palana's Milk Dairy, one of our adopted villages. The event saw active participation from **Mr. Shailesh Patel** who also planted a sapling, underscoring community involvement. The program successfully planted a total of 50 saplings of various species, significantly | **Palana's Milk Dairy** |

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| | | | contributing to the Van Mahotsav. | |
| **19.** | **18/07/2025** | **Awareness lecture on "Mental health, Depression and Suicide** | The NSS Unit, in collaboration with IQAC and the Department of Agad Tantra, recently organized a crucial guest lecture for 2nd year 1st term BAMS students. Mr. Harshil Dave (Project coordinator of Indian Red cross Society), a distinguished speaker, delivered an insightful session on the critical topics of mental health, depression, and suicide. The lecture aimed to raise awareness and provide valuable understanding to students about these prevalent issues. | **J.S. Ayurveda Mahavidyalaya** |
| **20.** | **22/07/2025** | **Medicinal Plants Distribution Program on Occasion of Chairman Shri Bhaskar sir's Birthday** | To honor Chairman Shri Bhaskar Sir's birthday, the NSS Unit and IQAC's Green Audit Committee organized a special "Plant distribution program". This initiative celebrated not only our chairman but also acknowledged the invaluable contributions of blood donors from the recent Blood Donation Camp, successfully organized by the Mahagujarat Medical Society and Redcross Society, Nadiad. In a thoughtful gesture, a total of 89 medicinal plants were distributed – a number | **Dinsha Patel college of Nursing** |

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| | | | chosen to match Chairman Sir's total age. | |
| **21.** | **24/07/2025** | **Poster Making Competition, on the occasion of Organ Donation Month** | The PG Department of Rachana Sharira, NSS Unit and IQAC department of JSAM, Nadiad jointly organized a Poster-making competition on account of World Organ Donation Month, July 2024, for 1st year UG students. 10 groups were formed from 1 to 10 among the students who actively participated in poster-making. In total, 94 students participated in the competition. | **J.S. Ayurveda Mahavidyalaya** |
| **22.** | **26/07/2025** | **Awareness lecture on "Use of LPG gas and it's precaution"** | An insightful awareness lecture on the "Use of LPG Gas and its Precautions" was recently organized for second-year, first-term undergraduate students. This collaborative initiative was a joint effort by the NSS Unit, IQAC, and Divine Gas Agency. The session was expertly led by Mr. Subham Razak (Sales Officer) and Mr. Rajesh C Patel (Proprietor), they provided important information regarding the safe handling and usage of LPG gas | **J.S. Ayurveda Mahavidyalaya** |
| **23.** | **31/07/2025** | **Quiz Competition on occasion of World Hepatitis Day** | On the occasion of WORLD HEPATITIS DAY on 28/07/2025, Department of Roga Nidana evam Vikriti Vigyan, IQAC and NSS has jointly organized the Quiz | **J.S. Ayurveda Mahavidyalaya** |

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| | | | competition for all students UG and PG students of J.S. Ayurveda Mahavidhyalaya, Nadiad. This quiz was circulated to students via google form in their groups. We had received 100 responses from the students. | |
| **24.** | **31/07/2025** | **Plantation Program in our adopted village Kamla** | On the occasion of Van Mahotsav, PG Department of Dravyaguna, NSS Unit, and the Green Audit Committee of IQAC department collaboratively organized a "Program for Plantation" in Kamla, one of our adopted villages for the NSS volunteers and PG scholars of Dravyaguna department. A total of 30 Saplings of different plant species were planted at the Mahadev Mandir, Kamla. | **Adopted village Kamala** |
| **25.** | **31/07/2025** | **Awareness lecture on Occasion of World Hepatitis Day** | On the occasion of World Hepatitis Day, NSS unit and Department of Roga Nidana has organized an Awareness lecture on Hepatitis for the students of Government Primary School in our adopted Village Kamla. Dr. Shivranjani Kanthariya ma'am delivered lecture to the students. At the end of the event, a Poster on Hepatitis was hand over to the school Teachers. Total no. of beneficiaries' students was 114. | **Adopted village Kamala** |

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| **26. AUGUST 2026** | **05/08/2025** | **Plantation Program at three adopted villages: Varsola, Devki vansol and Vanthwadi** | J.S. Ayurveda Mahavidyalaya's NSS unit, Green Audit Committee, and PG Department of Dravyaguna partnered with the Rotary Club of Mahemdabad for a successful plantation program across three adopted villages: Varsola, Devki Vansol, and Vanthwadi. A total of 150 saplings were planted, with 50 in each village, to help green these communities. Representing the Rotary Club of Mahemdabad were President Paresh Sheth, Secretary Manoj Gohel, and Project Chair Janak Rami, IPP Hitesh Patel and President Elect Nikunj Patel. | **Adopted villages- Varsola, Devki Vansol, and Vanthwadi** |
| **27.** | **13/08/2025** | **Awareness lecture on "Organ Donation** | On the occasion of Organ Donation Day, NSS Unit, IQAC, and PG Department of Rachana Sharir has organized a guest lecture of Dr. Vidhi Parmar on topic "Awareness of Organ and Body Donation". The event, focused on raising awareness about organ donation specifically for the Class 3 and Class 4 staff members of the hospital. A total of 92 staff members participated in this event today. | **J.S. Ayurveda Mahavidyalaya** |
| **28.** | **15/08/2025** | **79th Independence Day Celebration at** | Maganbhai Adenwala Mahagujarat (MAM) University had organized the 79th Independence Day celebration at DPCN Nursing | **Dinsha Patel college of Nursing** |

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| | | **DPCN nursing college** | College on August 15, 2025, between 9:30 and 10:30 a.m. members of MMS, faculties, office staff, hospital staff, and students of J.S. Ayurved Mahavidhyalaya and Dinsha Patel College of Nursing had participated in this program. The program started with a flag hoisting ceremony. Miss Siya Patel (B.Sc. Nursing student) did the flag hoisting. A total of 77 students and 21 faculty members attended the program. | |
| **29.** | **15/08/2025** | **Reel Making Competition on the occasion of Independence Day** | NSS Unit and IQAC of J.S. Ayurveda Mahavidyalaya collaborated to host a Reel-making competition. The event aimed to honour our nation's freedom fighters through creative expression. | **J.S. Ayurveda Mahavidyalaya** |
| **30.** | **20-22/08/2025** | **Anti-Ragging Week Competitions** | On the occasion of Anti-Ragging Week, the NSS Unit and the Anti-Ragging Committee of JSAM collaborated to organize a series of four engaging competitions for undergraduate and postgraduate students. These events were designed to raise awareness and foster a zero-tolerance attitude toward ragging. Students participated enthusiastically in the Poster Making, Slogan Writing, and Reel Making | **J.S. Ayurveda Mahavidyalaya** |

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| | | | and Elocution competitions, using their creativity to convey powerful anti-ragging messages. | |
| **31.** | **26/08/2025** | **Awareness of Ragging in Government High School, Vanthvadi** | An anti-ragging awareness campaign was held for 11th and 12th-grade students at Government High School, Vanthavadi. The event was a collaborative effort between the NSS unit, the Anti-Ragging Committee, and the Rotary Club of Mehemdabad. As part of the program, second-year students from J.S.A.M. College performed two engaging street plays to educate their peers on the dangers and consequences of ragging. | **Adopted village - Government High School, Vanthavadi** |
| **32. SEPTEMBER 2025** | **15/09/2025** | **Hindi Divas Celebration** | On the Occasion of Hindi Divas, NSS unit and IQAC has organized a seminar for 2nd year 1st term students on 15th of September. Lecture was delivered by Dr. Meenu Bharti Ma'am on topic: "हिंदी: हमारी पहचान, हमारी संस्कृति". The event was coordinated by NSS Programme Officer Dr. Bhagyashree Tandel. | **J.S. Ayurveda Mahavidyalaya** |
| **33.** | **16/09/2025** | **Essay Competition** | On the occasion of World Ozone Day an essay Competition was organized by Department of Agadatantra, NSS UNIT and IQAC of J.S. Ayurveda Mahavidyalaya for the 2nd Year UG students. | **J.S. Ayurveda Mahavidyalaya** |

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| | | | Theme for the competition: From Science to Global Action. Total 12 Students have Actively Participated in Essay writing | |
| **34.** | **20/09/2025** | **Aaharam Cooking Competition** | NSS, IQAC and PG Dept. of Rasashastra Evam Bhaishajya Kalpana had organized "AAHARAM- A Cooking competition" for faculties, Deputy Superintendent, R.M.Os., M.Os and PG - Ph.D Scholars as a part of celebration of " Poshana Maha – 2025 (National Nutritional month) and National Ayurveda Day - 2025". Total 9 participants including 1 faculty and 8 PG scholars have participated enthusiastically in "AAHARAM- A Cooking competition". | **J.S. Ayurveda Mahavidyalaya** |
| **35.** | **22/09/2025 – 23/09/2025** | **Gujarat State NSS Day Celebration** | At the state level celebrations various cultural events and competitions were organized at the S.P University, V.V Nagar- which was aim to showcase the talents and skills of NSS volunteers. Our students participated in seven competitions during the state-level NSS Foundation Day celebrations. | **S.P University, V.V Nagar** |
| **36.** | **23/09/2025** | **Medical Health Camp - Palana** | On the occasion of 10th National Ayurveda Day in 2025, the NSS unit and IQAC of J.S. Ayurveda | **Adopted village - Palana** |

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| | | | Mahavidyalaya organized a Medical Health Camp for the students of Government Primary School, Palana. Held on September 23, 2025.<br>During the camp, a total of 185 students received medical screenings. | |
| **37.** | **23/09/2025** | **Awareness lecture on Ayurveda Aahar and Nutrition-Palana** | To celebrate National Ayurveda Day, the NSS Unit, IQAC, and Department of Swasthavritta collaborated to host a guest lecture for the students of Government Primary School, Palana. The event, held on September 23rd, aimed to introduce young minds to the core principles of Ayurvedic diet and nutrition. Dr. Aastha Thakkar, a respected expert in the field, delivered the insightful talk. | **Adopted village - Government Primary School, Palana** |
| **38.** | **23/09/2025** | **School Outreach Programme** | On the occasion of the 10th National Ayurveda Day on September 23, 2025, the NSS unit and IQAC, in collaboration with the PG Departments of Kaumarabhritya and Panchakarma of J.S. Ayurveda Mahavidyalaya, hosted a special visitation day for the students of Swami Vivekanand School at 11 AM. The session, which aimed to promote Ayurveda, was led by a team of experts including Dr. Maleka Vhora and Dr. Chintan Bhatt. | **J.S. Ayurveda Mahavidyalaya** |

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| **39.** | **23/09/2025** | **College Outreach Programme** | On the occasion of the 10th National Ayurveda Day on September 23, 2025, the NSS unit and IQAC, in collaboration with the PG Departments of Panchakarma of J.S. Ayurveda Mahavidyalaya, hosted a special visitation day for the students of Dharmsinh Desai University, Faculty of Pharmacy at 10 AM. It was led by a team of experts including Dr. Chintan Bhatt, Dr. Kairavi Trivedi and Dr. Rutvik Gohil. | **J.S. Ayurveda Mahavidyalaya** |
| **40.** | **24/09/2025** | **WALKATHON- 2025** | Walkathon was organized jointly by the NSS Unit and IQAC, the event held at the Kheta Talav Walking Track. Participants gathered bright and early, with the walk beginning at 6:30 AM and concluding at 7:30 AM.<br>To add an element of fun and challenge, students were encouraged to install the "Map My Walk" app to track their progress. A special incentive was offered: all participants who completed 5 kilometres would receive a certificate of achievement. | **Kheta Talav Walking Track** |
| **41.** | **24/09/2025** | **Medical Health Camp - Varsola** | On the occasion of 10th National Ayurveda Day in 2025, the NSS unit and IQAC of J.S. Ayurveda Mahavidyalaya organized a | **Adopted village - Varsola** |

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| | | | Medical Health Camp for the students of Government Primary School, Varsola. Held on September 24, 2025. During the camp, a total of 305 students received medical screenings | |
| **42.** | **24/09/2025** | **Awareness lecture on Ayurveda Aahar and Nutrition-Varsola** | To celebrate National Ayurveda Day, the NSS Unit, IQAC, and Department of Swasthavritta collaborated to host a guest lecture for the students of Government Primary School, Varsola. Dr. Aastha Thakkar, a respected expert in the field, delivered the insightful talk. | **Government Primary School, Varsola** |
| **43.** | **25/09/2025** | **Ayurveda Exhibition cum Mini Expo** | Exhibition cum Mini Expo with the theme "Ayurveda for people and planet" on the occasion of 10th International Ayurveda Day at Santaram Mandhir Nadiad on 25.09.2025. Dravyaguna department displayed popularly known green medicinal plants with their health benefits. Rasa shastra Evam Bhaishajya Kalpana department displayed Samples of Crude Medicinal plants | **Santaram Mandhir Nadiad** |
| **44.** | **25/09/2025** | **Medical Health Camp – Devki Vansol** | On the occasion of 10th National Ayurveda Day in 2025, the NSS unit and IQAC of J.S. Ayurveda Mahavidyalaya organized a Medical Health Camp for the students of Government Primary School, Devki | **Adopted village-Government Primary School, Devki Vansol.** |

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| | | | Vansol. Held on September 25, 2025. During the camp, a total of 137 students received medical screenings | |
| **45.** | **25/09/2025** | **Awareness lecture on Ozone layer Prevention - Devki Vansol** | Dr. Krup Vasavda Sir delivered lecture on topic "Awareness on Ozone layer protection" in association with our this year Ayurveda Day theme - Ayurveda for Planet and People. The event, focused on raising awareness and to ensure the continued healing and protection of the ozone layer for future generations. | **Government Primary School, Devki Vansol.** |
| **46.** | **26/09/2025** | **Medical Health Camp – Kamla** | On the occasion of 10th National Ayurveda Day in 2025, the NSS unit and IQAC of J.S. Ayurveda Mahavidyalaya organized a Medical Health Camp for the students of Government Primary School, Kamla. Held on September 26, 2025. During the camp, a total of 104 students received medical screenings | **Adopted village- Government Primary School, Kamla.** |
| **47.** | **27/09/2025** | **Medical Health Camp – Vanthvadi** | On the occasion of 10th National Ayurveda Day in 2025, the NSS unit and IQAC of J.S. Ayurveda Mahavidyalaya organized a Medical Health Camp for the students of Government Primary School, Vanthvadi. Held on September 27, 2025. During the camp, a total of 191 students received medical screenings | **Government Primary School, Vanthvadi.** |

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| **48.** | **27/09/2025** | **Awareness lecture on Ayurveda Aahar and Nutrition-Vanthvadi** | To celebrate National Ayurveda Day, the NSS Unit, IQAC, and Department of Swasthavritta collaborated to host a guest lecture for the students of Government Primary School, Vanthvadi. The event, held on September 27th, aimed to introduce young minds to the core principles of Ayurvedic diet and nutrition. Dr. Aastha Thakkar, a respected expert in the field, delivered the insightful talk. | **Government Primary School, Vanthvadi.** |
| **49.** | **01/10/2025** | **Swachhata Hi Seva Campaignc** | NSS Unit of J.S.Ayurveda Mahavidyalaya, under "*Swachhata Hi Seva*" Campaign had organized Swachhata Drive to collect Plastic waste and cleansing of College campus and P.D.Patel Ayurveda Hospital, Nadiad under Swachha Bharat Abhiyaan. | **J.S. Ayurveda Mahavidyalaya** |
| **50.** | **15/10/2025** | **Global Handwashing Day** | On the occasion of Global Handwashing Day, NSS Unit and IQAC has organized a training session for Class 4 staff members of our college and hospital of Dr. Bhagyashree Tandel on topic “Hand washing Techniques". The event, focused on raising awareness about hand washing specifically for Class 4 staff members of the hospital. A total of 46 staff | **J.S. Ayurveda Mahavidyalaya** |

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| | | | members participated in this event today. | |
| **51.** | **18/10/2025** | **Dhanvantari Poojan** | On the occasion of Dhanvantari Trayodashi, NSS unit and IQAC has organized a Dhanvantari Poojana for all Faculty members, Hospital staff and PG Scholars of the Institute. The Pooja started at 9.00 AM at the Saraswati Mandap. | **J.S. Ayurveda Mahavidyalaya** |
| **52.** | **08/11/2025** | **Pledge taking ceremony** | Under the national Nasha Mukt Bharat Abhiyan, an initiative by the Ministry of Social Justice and Empowerment, the J.S. Ayurveda Mahavidyalaya recently demonstrated its commitment to a drug-free India. | **J.S. Ayurveda Mahavidyalaya** |
| **53.** | **25/11/2025** | **Motivational lecture on Meditation** | NSS unit and IQAC have organized a motivational lecture by BK Pravina Didi on the topic of meditation and its importance for 1st yr 3rd term and 2nd yr 2nd term students under the project Billion minutes of peace appeal on 25/11/2025. A total of 158 students attended this lecture. | **J.S. Ayurveda Mahavidyalaya** |
| **54.** | **26/11/2025** | **Legal and Cyber Awareness Program on the occasion of Indian Constitution Day** | In celebration of Constitution Day, the Department of Agad Tantra, in collaboration with the NSS unit and the IQAC of J.S. Ayurveda Mahavidyalaya, proudly hosted a captivating Legal and Cyber Awareness program for our 2nd year | **J.S. Ayurveda Mahavidyalaya** |

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| | | | students. The event featured a distinguished guest lecture by Shri D.B. Joshi, Secretary of the Nadiad District Legal Service Authority. | |
| **55.** | **29/12/2025** | **Awareness program on Deaddiction** | NSS unit and IQAC of J.S. Ayurveda Mahavidyalaya has organized an awareness program at one of our adopted villages in Kamala, Government primary school, on deaddiction for students of 7th and 8th grade. A drama was prepared by 2nd-year 2nd-term students, and a speech on Shri Sardar Vallabhbhai Patel was given by 2 of our students (Hetvi & Radhe) on 29th December, Monday. | **Adopted village Kamala** |
| **56.** | **29/12/2025** | **Elocution Competition** | NSS unit and IQAC of J.S. Ayurveda Mahavidyalaya has organized an elocution competition for UG students on Topic – "Our legendary leader- Sardar Vallabhbhai Patel" as a part of his 150th birth anniversary. Dr. Kairavi Trivedi was the judge of the competition and total of 7 students participated in this competitions. | **J.S. Ayurveda Mahavidyalaya** |
| **57.** | **30/12/2025** | **The Sardar Patel Rally: From Hospital to Heritage** | On the occasion of 150th Birth Anniversary of Sardar Vallabhbhai Patel, NSS unit and IQAC has organized a Rally for 2nd year UG students from Mahagujarat hospital to Birth Place of Iron | **Sardar Vallabhai Patel Birth Place, Desai vago** |

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| | | | man of India. On arrival students gave tribute to the legendary leader and place garland on his portrait. Lastly the event was concluded by 2 student (Hetviksinh & Hetvi) by narrating on his biography to their classmates. | |
| **58.** | **05/01/2026** | **Chess competition on the occasion of National Youth Day** | On the occasion of National Youth Day, IQAC and NSS Unit of JSAM has organized a Chess competition for all the UG and PG students. | **J.S. Ayurveda Mahavidyalaya** |
| **59.** | **6/01/2026** | **Poster Competition on occasion of National Youth Day** | On the occasion of National Youth Day, IQAC and NSS Unit of JSAM has organized a Poster competition for all the UG and PG students | **J.S. Ayurveda Mahavidyalaya** |
| **60.** | **6/01/2026** | **Reel making Competition on the occasion of national Youth Day** | On the occasion of National Youth Day, IQAC and NSS Unit of JSAM has organized a Reel making competition for all the UG students. | **J.S. Ayurveda Mahavidyalaya** |
| **61.** | **26/01/2026** | **"77th Republic Day Celebration"** | Maganbhai Adenwala Mahagujarat (MAM) University had organized the 77th Independence Day celebration at J.S Ayurveda Mahavidyalaya on 26 January 2026, between 9:00 and 11:00 a.m. Members of MMS, faculties, office staff, hospital staff, and students of J.S. Ayurved Mahavidhyalaya Dinsha Patel College of Nursing and BCA college had participated in this program. The program started with a flag hoisting ceremony by Miss Khusbhoo | **J.S. Ayurveda Mahavidyalaya** |

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| | | | Solanki and ended with prize distribution of various event throughout the year. | |
| **62.** | **27/02/2026** | **Screening of Thalassemia for 1st year students** | A thalassemia screening program, was successfully conducted by the NSS Unit, IQAC, and Red Cross Society of Ahmedabad. 96 students participated in the initiative, which included a comprehensive awareness lecture on thalassemia delivered by Mrs. Alpesh Parmar. Dr. Bhagyashree, the NSS Program Officer, expertly coordinated the event, ensuring its smooth execution. | **J.S. Ayurveda Mahavidyalaya** |
| **63.** | **11/03/2026** | **Women's Health Checkup Camp** | A Striroga Nidan Camp (Women's Health Check-up Camp) was successfully conducted on 11/03/2026 as part of the International Women's Day 2026 celebrations for the women. A dedicated team of Consultants of Dept of SRPT including Dr. Vaishali Vasavda, Dr. Parvathi G along with SRPT fellowship students successfully conducted the checkup and diagnosis in the Nidan camp. Total number of beneficiaries were 15 women | **Adopted village Palana PHC center** |
| **64.** | **19/03/2026** | **Collaborative activity with the senior citizen forum, Mahemdabad** | A Memorandum of Understanding was successfully established with the Senior Citizen Forum to promote the noble cause of | **J.S. Ayurveda Mahavidyalaya** |

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| | | | body donation. To solidify this partnership, forum members visited our college and the Department of Anatomy for an immersive educational session. The highlight of the visit was an insightful lecture delivered by Dr. Vidhi, who provided a comprehensive overview of the donation process. | |
| **65.** | **20/03/2026** | **Poster Competition on the Occasion of International Forest Day and World Water Day** | On the occasion of International Forest Day and World Water Day, NSS Unit and IQAC has organized a creative Poster Making Competition centered on the vital theme: "Conservation of Forest and Water." | **J.S. Ayurveda Mahavidyalaya** |
| **66.** | **23/03/2026** | **Shaheed Diwas celebration** | In a moving tribute, the event commenced with the rendition of the complete National Song. This was a deliberate effort to ensure students were acquainted with the full verses of *Vande-Mataram*, fostering a deeper cultural and historical connection. The keynote address was delivered by Sandip Bhai Gadhvi, the RSS Pracharak for Nadiad and Vaso Taluka. | **J.S. Ayurveda Mahavidyalaya** |
| **67.** | **25/03/2026** | **Reel Making Competition** | The NSS Unit, in collaboration with the Department of Agad Tantra and IQAC, recently organized an internal Reel Making Competition for undergraduate students. This | **District Court, Nadiad & J.S.Ayurveda Mahavidyalaya** |

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| | | | initiative served as a creative launchpad for students to participate in the prestigious "Frame of Justice" National Youth Reel & Short Film Competition, hosted by the National Legal Services Authority | |
| **68.** | **13/04/2026** | **Thalassemia awareness Program** | Thalassemia awareness and counselling session for first-year undergraduate students. This follow-up initiative took place one month after the initial screening of the students. Out of the 96 students tested, seven were identified as Thalassemia carriers. An awareness lecture was led by Mr. Jayesh Solanki. | **J.S.Ayurveda Mahavidyalaya** |
| **69.** | **23/04/2026** | **Nutrition Awareness Program for Mothers and Children** | NSS Unit, PG Department of Kaumarabhritya and the Department of Swasthavritta, successfully organized a Nutrition Awareness Program at P.D. Patel Ayurveda Hospital. Insightful educational sessions were delivered by dedicated NSS volunteers and PG scholars | **P.D. Patel Ayurveda Hospital** |
| **70.** | **08/05/2026** | **Quiz competition on the occasion of World Thalassemia Day** | On World Thalassemia Day, the NSS Unit and IQAC successfully organized an online quiz competition tailored for undergraduate (UG) and postgraduate (PG) students. | **J.S.Ayurveda Mahavidyalaya** |
| **71.** | **22/05/2026** | **Biodiversity Day- The** | On the occasion of International Biodiversity Day, the NSS Unit and IQAC | **J.S.Ayurveda Mahavidyalaya** |

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| | | **Water Pot Initiative** | organized a compassionate wildlife welfare initiative to support local birds and animals enduring the harsh summer heat. To provide much-needed relief, the teams successfully implanted 21 water pots at strategic locations across the campus. | |
| **72.** | **29/05/2026** | **Screening and Awareness camp on the occasion of "World No Tobacco Day"** | A comprehensive oral health examination was conducted for all beneficiaries. Participants were sensitized to the adverse health effects associated with tobacco use and substance abuse, and appropriate counseling was provided to promote awareness and behavioral change. Educational pamphlets on addiction prevention and cessation were also distributed. | **Santram Mandir, Nadiad** |
| **73.** | **30/05/2026** | **World No Tobacco Day Awareness Session** | The event was specifically tailored for the Class 3 and Class 4 staff members of P.D. Patel Ayurveda Hospital. The informative session was delivered by Dr. Astha Thakkar, who highlighted the severe health hazards associated with tobacco use and shared practical insights on cessation and healthier lifestyle choices. A total of 72 staff members attended and benefited from the valuable insights shared during the lecture. | **J.S.Ayurveda Mahavidyalaya** |

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| **74.** | **31/05/2026** | **Pledge for a Healthier Tomorrow: World No Tobacco Day** | Oath-taking event was specifically tailored for the Class 3 and Class 4 staff members of P.D. Patel Ayurveda Hospital, the initiative aimed to raise awareness about the hazards of tobacco consumption and promote a healthier, addiction-free lifestyle. Dr. Bhagyashree and Dr. Monika Patel administered the solemn pledge to all attendees. | **J.S.Ayurveda Mahavidyalaya** |
| **75.** | **05/06/2026** | **Seed Ball Preparation Workshop** | PG Department of Dravyaguna, NSS Unit and Green Audit committee of J.S.Ayurveda Mahavidyalaya has organized Seed Ball Preparation Workshop on 05/6/2025 on the occasion of World Environmental Day. 800 Seed balls of 12 medicinal plant species were prepared. | **J.S.Ayurveda Mahavidyalaya** |
| **76.** | **05/06/2026** | **Plants Distribution Program** | On the Occasion of World Environment Day 2026, a meaningful "Plant Distribution Program" was successfully organized on June 5, 2026, at the Dinsha Patel College of Nursing College Auditorium. The program saw active engagement with a total of 31 participants, including 26 teaching faculty members and 5 non-teaching staff | **Dinsha Patel College of Nursing College** |

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| **77.** | **11/06/2026** | **Screening Camp on the occasion of Sushruta Day in Kamla Village** | The Department of Shalya Tantra and NSS organized a surgical case screening camp on the occasion of Sushruta Day on 11/06/2026 from 9:00 AM to 1:00 PM at Kamala Village. During the camp, 32 beneficiaries were examined and provided with surgical consultation and appropriate guidance. | **Adopted village Kamala** |
| **78.** | **16/06/2026** | **Picture with your best Yoga Pose Competition** | J.S.Ayurveda Mahavidyalaya's Department of Swasthvaritta, in collaboration with the NSS unit and IQAC, organized a "Picture with Your Best Yoga Pose" competition to commemorate the 12th International Yoga Day. Students enthusiastically participated by submitting their entries via a Google Forms link | **J.S.Ayurveda Mahavidyalaya** |
| **79.** | **17/06/2026** | **Poster Making Competition** | The Department of Swasthvaritta, NSS unit, and IQAC of J.S. Ayurveda Mahavidyalaya have arranged a poster-making competition with the topic "Yoga in digital Era" in honour of the 12th International Yoga Day. | **J.S.Ayurveda Mahavidyalaya** |
| **80.** | **18/06/2025** | **Ashtanga Yogasana Competition** | On the occasion of International Yoga Day, the Department of Swasthvritta & Yoga, NSS unit, IQAC of J.S. Ayurveda jointly organized Ashtanga Yogasana Competition on | **J.S.Ayurveda Mahavidyalaya** |

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| | | | Yoga for One Earth, One Health. The Participants had performed 3 mandatory asanas and 1 asana as per their choice | |
| **81.** | **19/06/2026** | **Daud Se Dhyan** | To celebrate International Yoga Day (IYD), the NSS Unit and the Department of Swasthavritta organized a vibrant "Daud Se Dhyan" event. A enthusiastic group of 88 students participated in the morning activity, embracing the spirit of wellness. Demonstrating impressive endurance and determination, 32 of these students successfully completed a challenging 5 km walk. | **Sports Complex walking track, Nadiad** |
| **82.** | **20/06/2025** | **IYD- Rangoli Making Competition** | The Department of Swasthvaritta, NSS unit, and IQAC of J.S. Ayurveda Mahavidyalaya have arranged a rangoli-making competition with the topic "Yoga for Digital Era" in honour of the 12th International Yoga Day. These rangolis were created by the students in a group of three between 3.30 and 5.30 p.m | **J.S.Ayurveda Mahavidyalaya** |
| **83.** | **21/06/2025** | **International Yoga Day Celebration** | On the occasion of International Yoga Day, NSS unit of MAM University and Department of Swasthvritta have jointly organized Yoga Session for all the Faculties and students of J.S.Ayurveda Mahavidyalaya, DPCN | **The Grand Chetak, Nadiad** |

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| | | | college of Nursing and BCA College at from 6:00 am to 8.00 am at The Grand Chetak, Nadiad. | |
| **84.** | **23/06/2026 - 25/06/2026** | **Self Defense Training** | A 3 day Self defence training workshop for 1st year UG ,1st year PG female students and all newly joined female teaching and non-teaching staff from 23/6/2026 to 25/6/2026, at RSBK Terrace, JSAM from 6.30 am to 7.30 am , was conducted and concluded by Vishakha committee and NSS successfully. | **J.S.Ayurveda Mahavidyalaya** |
| **85.** | **25/06/2026** | **Awareness Drama & Lecture on the occasion of International Day against Drug Abuse and Illicit Trafficking 2026** | On the occasion of International day against Drug Abuse an Awareness Program was organized at ITI college, Palana. 1-Awareness lecture was delivered by Prof. Dr. Krup Vasavda. 2-Drama was performed by 2 year 1st term students Beneficiaries- 82 Students & 7 Faculties of ITI college | **Adopted village ITI college, Palana** |

**Dr. Bhagyashree Tandel**
**NSS PO**
**J.S. Ayurveda Mahavidyalaya**