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Estd:1938

Date: 9/4/2024

To,
The Principal/IQAC Coordinator
J.S.Ayurved Mahavidyalaya, Nadiad.

SUBJECT: ANNUAL REPORT OF NSS ACTIVITIES (April 2023 –March 2024)

Respected sir,

Kindly find annual report of NSS (April 23-March 24).

MONTH	DATE	PROGRAM	ACTIVITY	PLACE
JUNE 2023	**05/06/2023**	**WORLD ENVIRONMENT DAY**	**1. Seed ball workshop and Painting Competition** PG Department of Dravyaguna, NSS Unit of JSAM and Mafatlal industry nadiad jointly organized Painting competition for students and seed ball preparation workshop on 05/6/2023 at Mafatlal industry, Nadiad. Theme of the painting competition was **"How to save environment in present Era"** .Total 19 students were participated and 4 students were won prizes. After competition all UG – PG students ,faculties and workers of Mafatalal company	Js Ayurved Mahavidhyalaya and Mafatlal industry

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			actively participated in Seed ball preparation Workshop and prepared total **1000** seed balls of **10** various species of medicinal Plants.	
	21/06/2023	**9TH INTERNATIONAL YOGA DAY**	**An approx. of 1000 participants** were present during the event which included students from JSAM & DPCN along with other staff members. During the Yoga Session Dr. Nimesh, Dr. Rohith G Kumar, Dr. Johnson P John & Dr. Rohit Bhatt corrected & helped the Students & Staff.	The Grand Chethaka, Nadiad
	27/06/2023	**PAINTING COMPETITION ON ACCOUNT OF INTERNATIONAL DAY AGAINST DRUG ABUSE THEME –STOP STIGMA AND DISCRIMINATIO N, STRENGTHEN PREVENTION**	Department of Agadatantra, NSS Unit & IQAC, JSAM, Nadiad has jointly organized painting competition on account of International Day against drug abuse & illicit trafficking on 27/06/2023 at Agadatnatra department from 3.30 to 5pm. Where in 1 st year BAMS (Jr), 3rd year and 4th Year(Jr) students were actively participated in a group of 3 students each. Total 07 groups are actively participated and draw up colorful painting on	Js Ayurveda Mahavidhyalay a

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			related theme and presented before judges. Out of 07 groups two best groups were awarded with prize on 27/06/2023.	
AUGUST 2023	**09/08/2023**	**MERI MITTI MERA DESHA,VEERO KO VANDANA**	NSS unit,Green Audit committee, swasthvritta department and Kamala Gram panchayata had organized Meri mitti mera desha program at Kamala village.In this program **Pancha prana** pledge has been taken.**75 plants had been planted .Felicitation program for Shahidaveera** had been conducted.3rd year BAMS students had actively participated in this program.MLA shree Sanjaysinh Mahida , Sarapancha Shri Dineshbhai and staff of JS Ayurveda Mahavidhyalaya had attented the program. Dr.Chintan Bhatt had organized the event.	**Kamala Village ,Nadiad**
	15/08/2023	**INDIPENDENCE DAY**	Maganbhai Adenwala Mahagujarat University had organized "77th Independence Day Celebration" on 15/08/2023.Flag hosting was done by Ms Divya Patel B.sc. Nursing student of Dinsha Patel college of Nursing. In	DPCN , Nadiad

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			this program, Honorable Vice chancellor of MAM university Prof.Dr.S.N.Gupta, Principal and Dean JSAM Prof.Dr.Kalapi Patel , 48 Faculties and students of BAMS and PG Scholars had actively participated in the Flag hosting Program. Both NSS PO Dr.Nilofar Shaikh and Dr.Chintan Bhatt Coordinated the program.	
	04/8/2023	**YUVA SAMVADA 2023**	District level Elocution competition was organized at CB Patel Arts college Nadiad on 04/8/2023.Jaina oza (3rd year BAMS student) had secured 2nd rank. **Dr.Nilofar Shaikh** had invited as Judge in this competition.	CB Patel Arts college Nadiad
SEPTEMBER 2023	**18/09/2023**	**THALESSEMIA AWARENESS & SCREENING TEST PROGRAM**	NSS Unit and Indian Red cross Society jointly organized Thalessemia Awareness and Screening Test Program on 18.09.2023 at 108 Room no. 1st year Class room, JSAM, Nadiad from 10 am to 12 pm. Where in this program welcome of Red cross society member was done by NSS PO DrNilofar Shaikh, Awareness	JS Ayurveda Mahavidyalaya

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			lecture was given by Chirag Bhatt & Jayanti Bhai - Indian Red cross Society member, MOC and Vote of thanks was conducted by NSS PO Dr Chintan Bhatt. Total 97 students from 1st year BAMS had actively Participated in this Awareness program.	
OCTOBER 2023	**01/10/2023**	**SHRAMADANA PROGRAM**	On occasion of Gandhi Jayanti & amp; swachha divasa NSS Unit organized Swachchhata Abhiyana Program on 30.09.2023 at JSAM Campus, Nadiad from 4.00 pm to 5.00 pm. Where in this program, 27 faculties had actively Participated. On the other hand all sweepers were appreciated for their clean work which they performed to maintain our campus clean. Program was coordinated by Dr Chintan Bhatt.	JS Ayurveda mahavidhyalay ,nadiad
	12/10/2023	**AMRUTA KALASHA YATRA**	NSS Unit had organized Amrut Kalasha Yatra on 12/10/2023 from JSAM to Taluka office , Nadiad from 4.00 pm to 5.00 pm. Where in this program 15 faculties, 91 students had actively Participated.	JS Ayurveda mahavidhyalay a ,nadiad
	17/10/2023	**FARMERS TRAINING**	Various green and dry samples of medicinal	Palana ,Nadiad

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		PROGRAM ON OCCASION OF AYURVEDA DAY CELEBRATION	plants were kept for demonstration to farmers. 17 farmers were present. Practical demonstration on harvesting techniques of important medicinal plants like shatavari, prishniparni , Rasna, Bilva fruit etc were done in the cultivated land of palana farm. Plantation of three species of Medicinal plants (Prishniparni, Shalaparni and Jivanti) was done in their allotted plots.	
	20/10/2023	**JOY OF GIVING PROGRAM 2023**	Joy of Giving Committee &NSS unit organized unique program named as "Joy of giving" 2023 to help needy people in occasion of Navaratri. Faculties and non teaching staff of JSAM (aprox.20) donated their used clothes and belongings for needy people also all the teaching staff had contributed financially to spread joy in a form of gift. Dr.Nilofar Shaikh coordinated this program. Number of clothes collected and dispatched: 438 Number of beneficiary: 217	JS. Ayurveda Mahavidhyalaya ,nadiad

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	28/10/2023	**AYURVEDA DAY CELEBRATION**	On occasion of Ayurveda day celebration one guest lecture on '**Understanding of traditional medicine'** had delivered by Dr. Vishal Mori(PG scholar) to students of CB Patel Arts college nadiad. 60 students and one teaching faculty Dr.Prakash Vichchiya from CB Patel Arts college nadiad had visited various departments of JSAM and PD Patel Ayurveda Hospital. Dr.Nilofar Shaikh coordinated this program.	**JS. Ayurveda Mahavidhyala ya ,nadiad**
NOVEMB ER 2023	**02/11/2023**	**8th AYURVEDA DAY CELEBRATION - PRAKRITI PARIKSHANA CAMP**	Prakriti Parikshan Camp was organized on theme **"Ayurveda for Everyone on Everywhere"** as a part of 8th Ayurveda Day by P. G. Department of Kriya Sharir and NSS Unit of JSAM at Sri Santram Mandir, Nadiad. Dr. Chintan Bhatt and Dr. Mularam Suthar were in charge of this program from JSAM. For the Prakriti Parikshan proforma, posters and a Google Form (link) were prepared by the interns, and corrections and	Department of Kriya Sharira and NSS Unit

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			suggestions were provided by Dr. Haripriya Punjabi. 05 students of 4th year and 05 Internees from JASM were participated and explained about Prakriti Parikshana Performa to Participants well. **305** Participants were attended this program	
	04/11/2023	**PD PATEL HOSPITAL AND JS AYURVEDA COLLEGE VISIT**	Students of Santram Vidhyalaya nadiad have visited PD Patel Hospital and JS Ayurveda college as celebration of 8th Ayurveda day under the Ayurveda for students theme. Dr.Bhagyashree Tandel PG student delivered awareness lecture about ayurveda. Total **113** students have visited hospital and campus with coordinator. Dr.Sweta Patel had coordinated the program.	Js Ayurveda Mahavidyalaya , Nadiad
	04/11/2023	**AWARENESS LECTURE ON AYURVEDA**	NSS Unit had organized Awareness lecture on topic "Ayurveda for one health" at higher secondary school, Vanthavadi on 04/11/2023. **Dr.Nilofar Shaikh** Associate professor from JSAM had delivered awareness lecture. Total Number	Government school Vanthvadi

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			of beneficiaries are **60.**	
DECEMBER 2023	**01/12/2023**	**AWARENESS PROGRAM ON WORLD AIDS DAY**	NSS Unit organized World AIDS Day Awareness program. In this program **63** NSS volunteers had participated to spread the awareness regarding AIDS by sticking stickers on the vehicles of community. Where in this program total **130** vehicles owner allowed for the AIDS awareness sticker. Program was coordinated by **Dr. Nilofar Shaikh.**	JS Ayurveda Mahavidhyalaya
JANUARY 2024	**04/01/2024**	**TREE PLANTATION PROGRAM**	Tree plantation program jointly organized with PG department of Dravyaguna on 4/01/2024 at Anand Asharama, Nadiad	Anand Asharama, Nadiad
	12/01/2024	**NATIONAL YOUTH DAY CELEBRATION**	NSS Unit organized National Youth Day Program. In these program 160 NSS volunteers with 90 other students and 20 faculties had participated in the Pledge taking ceremony created by MY GOV and MINISTRY of HOME AFFAIRS, Govt. of India on "SAY YES TO LIFE , NO TO DRUGS" for the youth of the Nation. Pledge also involve preparing the youth with their	JS Ayurveda Mahavidhyalaya

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			creativity and working for the development of the Nation. Where in this program the Pushpanjali was also given to Shri SWAMI VIVEKANDANJI on his Birth Anniversary. Total **180** participants had taken pledge in this Program. Program was coordinated by Program officers Dr Nilofar Shaikh & amp; Dr Chintan Bhatt.	
	19/01/2024	**GUJARAT SAMSKRITIK ELOCUTION COMPETITION**	Gujarat Samskritik elocution competition was organized on 19/01/2024 .Jaina Oza 3rd year BAMS student has secured 1st rank at college level.	JS Ayurveda Mahavidhyalaya
	26/01/2024	**75TH REPUBLIC DAY CELEBRATION**	Maganbhai Adenwala Mahagujarat (MAM) University had organized75th Republic day celebration at JSAM on 26/01/2024 between 10 am to 11:00 am. Shree Dinsha Patel Sir, Shree Bhaskarbhai Desai , Miss. Drashti Soni (4th year BAMS student), Shree Suman Bhai Shaikh , Prof. Dr S.N.Gupta (V.C. MAM Uni.), Dr Bhavik Shelat Director, DPCN, Prof Dr. D.J.Vyas (Registrar MAM Uni.), Prof Dr. Kalapi Patel (Dean	JS Ayurveda Mahavidhyalaya

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			Faculty of Ayurveda, JSAM), Mr Virendra Jain (Dean DPCN) and Members of MMS , Faculties, Office staff, Hospital staff and students of JS Ayurved Mahavidhyalaya and Dinsha Patel College of nursing had participated in this program. Program was started with flag hosing ceremony; Miss. Drashti Soni (4th year BAMS student) did flag hosing. Prize distribution program was co ordinate by Dr.Matangee Pandya (Cultural In charge). Vote of thanks was delivered by Mr. Jyot Darji NSS PO DPCN. Approx **160** students and **55** faculties had attended the program. Whole program was coordinated by Dr.Nilofar Shaikh.	
FEBRUARY 2024	**17/02/2024**	**THALESEMIA AWARENESS & SCREENING TEST PROGRAM**	NSS Unit ,IQAC of JSAM and Indian Red cross Society nadiad had jointly organized **Thalessemia Awareness and Screening Test Program** on 17.02.2024 at 1st year Class room , JSAM, Nadiad from 10 am to 12 pm. Where in	JS Ayurved Mahavidhyalaya

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			this program welcome of Red cross society members was done by DrNilofar Shaikh. Awareness lecture was given by Shree Upenbhai Bhoi , Coordinator from Redcross society. Total 93 students from 1st year BAMS had actively Participated in this Awareness program. Program was coordinated by Dr.Nilofar Shaikh.	
MARCH 2024	**01/3/2024**	**NSS ANNAUL CAMP(1-7/03/2024) INAUGURATION OF NSS ANNUAL NSS CAMP 2024**	NSS unit of JSAM organized NSS CAMP for 3rd year BAMS NSS Volunteers. On 1st day of camp inauguration was done in presence of NSS PO Dr Chintan Bhatt & Dr Nilofar Shaikh , Mr Sanjay Joshi(Shashtri). Group formation took place on 1st day for NSS camp. **Orientation was done to all volunteers regarding the whole camp.** Total 8 groups were formed with 10 to 12 volunteers in each group. Each group was headed by a leader.	Palana,Nadiad
	02/03/2024	**CPR TRAINING PROGRAM**	The 2nd day of Annual NSS camp morning started with Yoga session by performing different Asanas	Palana,Nadiad

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			followed by meditation. **A programme on emergency care was conducted by Dr Chintan Bhatt.** Entire programme got active participation from all the volunteers which included act and skit presentation on various episodes of cardiac arrest. The prepared skit was also been acted at palana village lanes.	
	03/03/2024	**GUEST LECTURE ON PUBLIC HEALTH AND AYURVEDA**	NSS Unit of JS Ayurveda Mahavidyalaya had organized Guest lecture on Public health and Ayurveda on 03/03/2024 at NSS Annual camp, Palana for 3rd year BAMS students. **Dr.Shruti Vaghela NABH coordinator ,JSAM had delivered guest lecture between 10 to 12 am**. Total 95 students from 3rd year BAMS had actively Participated in this Guest lecture . Program was coordinated by Dr.Nilofar Shaikh.	Palana,Nadiad
	04/03/2024	**AWARENESS RALLY ON WATER CONSERVATION**	On account of World water day, NSS Unit of JSAM had organized **Awareness rally on Water conservation** at Palana on 04/03/2024 at	Palana,Nadiad

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			NSS Annual camp for 3rd year BAMS students. Dr.Nimesh Patel and Dr.Ajay Pattar, Faculties of Swasthvritta Department , JSAM had Coordinated this program between 09:30 am to 10:30 am. Total **93** students from 3rd year BAMS had actively Participated in this rally.	
	04/03/2024	**PHC VISIT AT PALANA**	NSS Unit and Swasthvritta Department of JSAM had jointly organized **PHC Visit at Palana on 04/03/2024** at NSS Annual camp for 3rd year BAMS students. Dr.Nimesh Patel and Dr.Ajay Pattar had Coordinated PHC visit between 10:30 am to 12:30 pm. Total 93 students from 3st year BAMS had actively Participated in this Field Visit.	Palana,Nadiad
	05/03/2024	**GUEST LECTURE FOR CONCENTRATION AND CALIBRATION OF MIND**	NSS Unit JSAM had organized guest lecture on Concentration and Calibration of Mind on 05/03/2024 at NSS Annual camp for 3rd year BAMS students. Swami Muditwanandji from Anand Ashram had demonstrated the	Palana,Nadiad

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			applicationof meditation for improving the concentration and calibration of mind to all volunteers. Dr.Chintan and Dr Namrata had Coordinated this activity Total 93 students from 3st year BAMS had actively Participated in this Activity	
	06/03/2024	**POSTER COMPETITION FOR INTERNATIONAL WOMEN'S DAY CELEBRATION 2024**	Vishakha Committee celebrate and NSS unit had organized a poster competition on the theme "Invest in Women: Accelerate Progress" for all Students of 3rd BAMS on the occasion of International Women's Around 9 groups were made among 94 students. The rules of the poster competition were explained by Dr Nilofar Shaikh, NSS PO & Dr Vaishali Vasavda, Member secretary Vishakha committee.	Palana,Nadiad
	07/03/2024	**NSS CAMP 2023-24 VALEDICTORY**	NSS unit of JSAM organized NSS CAMP for 3rd year BAMS NSS Volunteers. Valedictory was done in presence of NSS PO Dr Chintan Bhatt & Dr Nilofar Shaikh and 95 NSS volunteers. In valedictory brief	Js Ayurveda Mahavidyalaya

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			outcome from NSS camp was given by Dr Nilofar and Whole NSS camp report was presented by Dr Chintan. Also some students gave their valuable feedback of NSS camp in valedictory.	
	22/03/2024	**PAINTING COMPETITION ON MANAVA SEVA**	NSS Unit of JSAM and Red cross nadiad had organized **Painting competition on topic Manava Seva** at 1st year class room of JSAM on 22/03/2024 between 3 to 4 pm . Total 62, 1st year 3rd term BAMS students were present in competition among them 10 students had participated in competition. Dr.Nilofar Shaikh had Coordinated the program	Js Ayurveda Mahavidyalaya

Thanking you,
From;

Dr. Nilofar Shaikh
N.S.S.P.O
JS Ayurved Mahavidhyalaya ,nadiad