



**J.S.Ayurved Mahavidyalaya &
P.D.Patel Ayurved Hospital**

College Road-387001

College(0268)2520724 : Hospital 2520724

Email-ayurvednadiad@gmail.com &

Fax no. (0268) 2520646



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Date: 25/1/2021

To,
The Principal / IQAC Coordinator
J. S. Ayurved Mahavidyalaya, Nadiad.

SUBJECT: ANNUAL REPORT OF NSS ACTIVITIES (JANUARY-DECEMBER 2020)

Respected sir,

Kindly find annual report of NSS activities attached herewith.

BRIEF REPORT OF NSS ACTIVITIES (JANUARY-DECEMBER 2020)

MONTH	DATE	PROGRAM	ACTIVITY	PLACE
JANUARY 2020	06/01/2020	THALASSEMIA SCREENING TEST	Thalassemia Screening test" for 1 st year BAMS students of J S Ayurved Mahavidyalaya. Total 100 students were screened.	JS Ayurved Mahavidyalaya
	20/01/2020	LECTURE ON "THALASSEMIA & SICKLE CELL ANEMIA AWARENESS "	Mr. Jayeshbhai from Indiad Red cross society, Nadiad delivered the lecture to 100 students of 1 st year BAMS	J S Ayurved Mahavidyalaya
	20 & 21/01/2020	LECTURE ON "A CARING ATTITUDE TOWARDS ENVIRONMENT	Swami Muditvandandji from Anand Ashram nadiad delivered the lecture on subject of "a caring attitude towards environment to 2 nd year students on 21/01/2020 (total 70 students) and to 3 rd year students (total	J S Ayurved Mahavidyalaya



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			81) on 22/01/2020 between 3:00 to 5:00 pm.	
	25/01/2020	NATIONAL VOTER DAY CELEBRATION	District level national voter day celebrated on 25/01/2020 between 10:30 to 12:00 pm. Collector shri nadiad , SP shri nadiad , Mamlatdar nadiad graced the event with their presence. NSS unit JS Ayurved Mahavidhyalaya participated in this event. NSS volunteers (total 76) along with Dr. Ankit Paneliya (NSS PO) actively participated and took the pledge for voting.	KDP Auditorium, DPCN campus
	26/01/2020	REPUBLIC DAY CELEBRATION	Flag hosting and price distribution program .	Js ayurved mahavidhyalaya
	27/01/2020	GUEST LECTURE ON JIVAN JIVAVANI KADA	Shri Virendra Tiwari ji from Dev Sanskriti Vidhyalaya Shantikunja Haridwar delivered the lecture. Prof. Dr. U.U.Zala , other staff members of JS Ayurved Mahavidhyalaya and Total 169 BAMS students of JS Ayurved Mahavidhyalaya and 2 teachers attended the lecture.	Js ayurved mahavidhyalaya
FEBRUAR Y 2020	10/02/2020 to 16/02/2020	NSS ANNUAL CAMP	Various activities like Guest lecture on water conservation and	Palana; Dist:Kheda



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			Awareness, Workshop on conservation of rare and endangered medicinal plants –Ideas of young minds, Lecture on general hygiene and food habits, Guest lecture on Adolescence Health education, Awareness rally for swachhta, and vyasana mukti. Guest lecture on skill development and time management, Distribution of Rogapratirodhaka kadha, Street play on food habits, swachhata and vyasana mukti, Guest lecture on Good Agriculture practice (GAP), home remedies training, Awareness lecture on cyber crime, Guest lecture on sexual harassment and pap test screening program	
	26/02/2020	NOISE AVOIDANCE DAY	NSS volunteers (Total 37) and 3 faculties displayed the banners to public regarding noise pollution. Number of beneficiaries approx.100	Mahagujarat Circle,nadiad
APRIL 2020	17-4-2020	E-TRAINING OF COVID -19	Dr. Brijesh K (HOD, Agada tantra Dept.,	virtual



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		WARRIORS (AYUSH STUDENTS)-1	JSAM, Nadiad) gave the virtual training to 90 students of 3 rd year BAMS	
	18-4-2020	E-TRAINING OF COVID -19 WARRIORS (AYUSH STUDENTS)-2	Dr. Brijesh K (HOD, Agada tantra Dept., JSAM, Nadiad) gave the virtual training to 92 students of 2 nd year BAMS.	virtual
JUNE 2020	05/06/2020	WORLD ENVIRONMENT DAY	1. Seed ball workshop: A seed ball workshop was organized in which total 65 participants including teaching(43) , non teaching staff and Pg students (total 16) of college made total 1500 seedballs of 15 medicinal plant species. 2..Vaidika Yagna was done for vayu and manh suddhi 3.Oath was taken by all the staff to reduce the use of plastic 4. The webinar on facebook page of institute was hosted in which Swami Muditvadanand Sarasvatiji delivered a talk on topic – “ Time for nature ” 5. Poster competition	Js ayurved mahavidhyalaya



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			for students was organized in which total 22 students participated. Among them 5 students won the prizes.	
	13/06/2020	CELEBRATION OF FOUNDATION DAY OF MAHAGUJARAT MEDICAL SOCIETY	To Promote “ National campaign of 20 Medicinal plants in year 2020 ” for propagation of Medicinal plants. We felicitated our esteemed trustees of Mahagujarat Medical Society with Medicinal plants and Eco friendly special pencils (with embedded seeds) set developed by Rotary District 3060, Nadiad on the occasion of 83 rd Foundation Day of Mahagujarat Medical Society. Total 10 pg students and 05 faculties participated in the program.	Js ayurved mahavidhyalaya
	14/06/2020	WORLD BLOOD DONOR DAY	World Blood Donor Day 2020 celebrated by felicitation of front line warriors of Blood donation system with the Medicinal Plants. Total plants distributed: 26 . Total 02 PG students and 03 faculties participated	Js Ayurveda Mahavidhyalay



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			in it.	
	19 and 20/6/ 2020	INTERNATIONL DAY OF YOGA	1. Pre IDY Yoga Training Sessions for Staff of JSAM and DPCN were organized on 19,20/06/2020 (Morning 6:30 to 7:30 am) 2. Various Digital Competitions like Essay Competition, E Poster competition, Solo Yoga competition for Students were organized.	Js Ayurveda Mahavidhyalay
	21/06/2020	INTERNATIONL DAY OF YOGA	1. E Yoga Session live on face book Time: 21/6/2020, 6:40 am to 7:20 am. Total views: more than 100/ 2.Webinar On "Importance of Yoga in Present Time" between 9:00 am to 10:00 am Speaker: Vd. Bhagavatdatt Thakkar Views: more than 700/	Js ayurveda mahavidhyalay
JULY 2020	Entire month of July 2020	VAN MAHOTSAVA	"Vana Mahotsava Celebration" with promotion of "National Campaign for 20 Medicinal plants in the year 2020" Activity: 1. Tree plantation in botanical garden of the Institute.	Js Ayurveda Mahavidhyalay



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			<p>2. Total 200 medicinal plants distributed among institutional staff and Community of nadiad.</p> <p>3. Farmers training for promotion of medicinal plants.</p> <p>4. SATCOM program on promotion of medicinal plants.</p>	
AUGUST 2020	8/8/2020	VANA MAHOTSAVA CELEBRATION PHASE- 2	<p>1. Total 20 Medicinal trees plantation at Palana, dist. Kheda</p> <p>2. Total 200 Seed ball distribution on local site at Plana & Dantali</p> <p>3.Field visit</p>	Js Ayurveda Mahavidhyalay
	15/08/2020	INDIPENDENCE DAY	Flag hosting ceremony	DPCN, nadiad
SEPTEMBER 2020	10/9/2020	AWARENESS LECTURE ON NUTRITION REQUIRED FOR HEALTHY PROGENY	Dr.Jasmina Acharya and Dr.Vaishali Dave delivered lecture on nutrition required for healthy progeny to 09 infertility patients.	Premises of PD Patel Ayurvedic Hospital Nadiad
	11/9/2020	AWARENESS LECTURE ON NUTRITION IN PEDIATRIC AGE GROUP- STRONG IMMUNITYWITH RIGHT CHOICE OF NUTRITION	Dr. Sameer Chauhan Manager scientific services Himalaya Drug Company delivered the guest lecture to 3 rd year BAMS students. Dr. Rutu Patel, Dr.Maleka vhora and Dr.Nilofar Shaikh coordinated the event. No. of Participants: 63 students	Virtual



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	18/9/2020	ONLINE POSTER COMPETITION ON TOPIC "EAT HEALTHY BE NUTRITION WEALTH"	Program was organized By NSS Unit, Cultural club and Swasthavritta department of JSAM, Nadiad. No. of Participants : 06	Online
	13/9/2020	TREEPLANTATION AT ROAD SIDE & SEED BALL DISTRIBUTION	IQAC & NSS Unit of JSAM, nagarpalika Nadiad, JCI-Nadiad, Indian Red Cross society-Nadiad . No of tree planted: about 35	Swami Vivekanand Road (Vaniyavad circle to towards fatepura), Nadiad.
	14 /9/2020	ONLINE ELOCUTION COMPETITION ON "TYOHARO ME AAHAR PARMPARA KA SWASTHYA SE NATA"	Program was organized By NSS Unit, Cultural club and Swasthavritta department of JSAM, Nadiad. No. of Participants : 04	Virtual
	24/9/2020	NSS DAY CELEBRATION 2020	Event: 1. Felicitation of NSS volunteers (virtual) and PG scholar (physical) performed duty as COVID warriors. Event 2. Launching of joy of giving Program .A Nobel activity to help needy people of society.	Js Ayurveda Mahavidhyalaya Nadiad
OCTOBER 2020	15/10/2020	CELEBRATION OF GLOBAL HAND WASHING DAY	NSS Unit & IQAC of JS Ayurved Mahavidhyalaya jointly organized Celebration of "Global Hand washing Day 2020" Program by	Adenwala Seminar hall J.S.Ayurveda Mahavidhyalaya ,Nadiad



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			taking pledge regarding take care of personal hygiene and improve habits particularly in COVID 19 perspective. No. of participants: 43 (Teaching staff).	
	23/10/2020	"Joy of giving"2020	NSS unit JS Ayurveda Mahavidhyalaya organized unique program named as " Joy of giving " 2020 to help needy people in occasion of diwali festival. Faculties of JS Ayurveda Mahavidhyalaya (aprox.15) donated their used clothes and belongings for needy people. All clothes and belongings were collected and dispatched by NSS unit among the workers of JSAM, Nadiad. Number of clothes collected and dispatched: 176 Number of beneficiary: 55	Js.ayurveda mahavidhyalaya ,nadiad
NOVEMBER 2020	11/11/2020	ORAL PRESENTATION COMPETITION ON THEME "AYURVEDA and COVID-19"	IQAC, NSS Unit and Weekly seminar coordinators had organized oral presentation competition. Total 13 students have participated enthusiastically.	Edenwala Seminar hall



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	12/11/2020	RANGOLI COMPETITION ON THEME “AYURVEDA AND COVID-19”	IQAC, NSS Unit and Cultural club had organized Rangoli competition in continuation of celebration of 5 th national Ayurveda day. Total 15 students have participated enthusiastically.	JSAM office premises
	13/11/2020	STATE LEVEL E- POSTER COMPETITION ON THE TOPIC “AYURVEDA & COVID-19”	The program was hosted by NSS unit & PG Dept. of Kayachikitsa of J S Ayurveda Mahavidyalaya. In this event total 07 students had participated.	Virtual
	13/11/2020	NATIONAL LEVEL ONLINE QUIZ COMPETITION ON THE TOPIC “AYURVEDA & COVID-19”DAY	The participants were asked to attend quiz in between 10:00AM to 12:00 PM. Total 213 Participants have participated in quiz.	Online through Google Form
	26/11/2020	CONSTITUTION DAY CELEBRATION	On the occasion of Constitution Day IQAC & NSS unit of J S Ayurveda Mahavidyalaya & P D Patel Ayurveda Hospital, Nadiad organized Pledge taking program. Total 60 Participants have participated in this program.	Edenwala Seminar Hall
DECEMBER 2020	01/12/2020	WORLD AIDS DAY	NSS Unit & IQAC of JSAM, nadiad had	Goddess Saraswati



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			organized Awareness Program on World AIDS Day. Total 32 participants had participated including our Director, International Studies, Prof. Dr. S.N.Gupta Sir, Principal and Hospital Superintendent, Prof. Dr. Kalapi Patel Sir, Faculties, Pg Scholars and Non Teaching Staff of JS Ayurveda Mahavidhyalaya.	Entrance Hall
	6/12/2020	PRABHAT FERI	On the occasion of "Fit India Movement" NSS unit and IQAC of JSAM Nadiad jointly organized "Prabhat Feri" on 6/12/2020. Total 18 Participant were present in this activity.	College – Vaniyavad Circle-Kidney Hospital- Vaniyavad Circle-College.
	13/12/2020	CYCLOTHON	On the occasion of "Fit India Movement" NSS unit and IQAC of JSAM Nadiad jointly organized "Cyclathon" on 6/12/2020. Total 20 Participant were present in this activity. The whole route of cyclathon was 16 km which was on the "Dandi Marga".	College – uttarsanda- bhumel- uttarsandacolle ge, nadiad, kheda.
	7/12/2020 to	YOGA SHIBIR	Department of Swasthavritta and Yoga , IQAC and NSS unit of	Js.ayurveda mahavidhyalaya



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	14/12/2020		JS Ayurveda Mahavidyalaya had jointly organized a 8 days long YOGA SHIBIR for faculties and staff of the institute from 7/12/2020 to 14/12/2020 . A total of 14 male faculties and 20 female faculties had participated in the event. The event also witnessed 5 pg scholars and 5 interns.	,nadiad
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Thanking you,
From;

(Dr. Nilofar Shaikh)

N.S.S. P.O.

Associate Professor

Prasutitantra evam Streeroga

JS Ayurved Mahavidyalaya, Nadiad