



**J.S.Ayurved Mahavidyalaya &
P.D.Patel Ayurved Hospital**

College Road-387001

College(0268)2520724 : Hospital 2520724

Email-ayurvednadiad@gmail.com &

Fax no. (0268) 2520040



Estd:1938

Date: 26/6/2020

**To,
The Principal/IQAC Coordinator
J.S.Ayurved Mahavidyalaya, Nadiad.**

SUBJECT: ANNUAL REPORT OF NSS ACTIVITIES (JUNE 2019 –MAY 2020)

Respected sir,

Kindly find annual report of NSS activities attached here.

BRIEF REPORT OF NSS ACTIVITIES (JUNE 2019 –MAY 2020)

MONTH	DATE	PROGRAM	ACTIVITY	PLACE
June 2019	13/06/2019	INTERNATIONAL DAY OF YOGA	Poster making competition	Js ayurved mahavidhyalaya
	21/06/2019	INTERNATIONAL DAY OF YOGA	Various yogaasana were performed according to protocol	Grand chetak party plot,nadiad
	21/06/2019	INTERNATIONAL DAY OF YOGA	Yoga awareness rally	From grand chetak to mahagujarat circle
	25/06/2019	ENVIRONMENTAL AWARENESS	Seed ball preparation workshop and distribution program; Total 5000/ seed balls of 20 different species were prepared	Aananda aasharam,nadiad
JULY 2019	05/07/2019	VAN MAHOTSAVA	Seed ball dispersal program , 500 seed balls were distributed at road side	At road side from Nadiad to Pariej (Vaso) approx 25 km of routes.



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	11/07/2019	TREE PLANTATION AND SEED BALLS DISPERSAL PROGRAM	Total 50 medicine plants of 10 different species were planted and 200 seed balls were distributed	Primary school, Dumral, Ta.Nadiad Dist. Kheda
	26/07/2019	TREE PLANTATION PROGRAM	Total 100 medicine plants of 20 different species were planted	Chc, vaso, dist. Kheda
	31/07/2019	NOISE AVOIDENCE DAY	Public awareness program regarding noise pollution	Paras circle,nadiad
AUGUST 2019	15/08/2019	INDIPENDENCE DAY	Flag hosting ceremony	Dpcn,nadiad
	20/08/2019	TREE PLANTATION PROGRAM	Total 50 medicine plants were planted	Shree madhav seva trust,rss office,nadaid
	28/08/2019	NOISE AVOIDENCE DAY	Public awareness program regarding noise pollution	Santram circle,nadiad
SEPTEMBER 2019	17/09/2019	TRAFFIC AWARENESS	Traffic awareness lecture delivered by traffic psi	Adenwala Seminar hall J.S.Ayurveda Mahavidhyalaya ,Nadiad
	18/09/2019	POSHANA MAHA	Poster making competition	Adenwala Seminar hall J.S.Ayurveda Mahavidhyalaya ,Nadiad
	24/09/2019	POSHANA MAHA	Awareness lecture	Govt. Primary school of Hanuman pura
	24/09/2019	POSHANA MAHA	Awareness lecture	Govt. Primary school of Veraimata village



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	25/09/2019	POSHANA MAHA	Awareness lecture	Govt. Primary school of Laxmi pura
	25/09/2019	POSHANA MAHA	Awareness lecture	Govt. Primary school of Bhumel village
	25/09/2019	POSHANA MAHA	Awareness lecture	Govt. Primary school of Anand pura
	26/09/2019	POSHANA MAHA	Awareness lecture	Govt. Primary school of Ranghari
	28/09/2019	POSHANA MAHA	Awareness lecture	1 st year BAMS,JSAM
	30/09/2019	POSHANA MAHA	Aaharam(healthy food competition)	Pg department rsbk J.s.ayurveda mahavidhyalaya
OCTOBER 2019	05/10/2019	FIT INDIA	Poster making competition	Adenwala Seminar hall J.S.Ayurveda Mahavidhyalaya ,Nadiad
	06/10/2019	EXHIBITION OF POSTERS AND SCRAPBOOK	Exhibition of previously prepared posters and scrapbook as a part of promoting Govt. Of India campaigning of various activities (mentioned below) on the occasion of "Shree Durgaashtmi" 1. Celebration of Nutrition	



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			Month - Sept' 2019 (Poster competition on different theme) 2. Swachhataabhi yan (Poster competition) 3. Regulations of Plastic use (Poster competition) 4. Fit India (Competition of Ideas on "My Fitness Funda" to prepare Scrapbook)	
	20/10/2019	NATIONAL AYURVEDA DAY	Guest lecturer on Ayurveda and geriatrics and Dhoopana varti distribution. total number of beneficiaries : 50/	Senior citizen forum, Mahemdabad.
	22/10/2019 & 23/10/2019	JOY OF GIVING	Unique program named as "Joy of giving" to help needy people in occasion of Diwali festival. Number of clothes	Deputy superintendent office



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			collected and dispatched: 150 Number of beneficiary: 50	
	24/10/2019	NATIONAL AYURVEDA DAY	One day seminar on Ayurveda for longevity	Dpcn auditorium
	24/10/2019	NATIONAL AYURVEDA DAY	Aarogya rakshaka Ukada vitarana ; total no. of beneficiaries 100/	DPCN ground
	24/10/2019	NATIONAL AYURVEDA DAY	Mosquito prevent wrist belt distribution; total no. of beneficiaries 100/	DPCN ground
	24/10/2019	NATIONAL AYURVEDA DAY	Dhoopana varti distribution Total no. of beneficiaries 100/	DPCN ground
	24/10/2019	WORLD POLIO DAY	Polio awareness bike and cycle rally	Nadiad
	25/10/2019	NATIONAL AYURVEDA DAY	Run for Ayurveda	From Santaram mandira to JS Ayurveda college Nadiad
NOVEMB ER 2019	14/11/2019	WORLD DIABETES DAY	Guest lecture on “Holistic approach for prevention & control of Diabetes Mellitus”	Dpcn auditorium
	27/11/2019	NOISE AVOIDENCE DAY	Public awareness program regarding noise pollution	Statue circle, near blood bank ,nadiad
DECEMBE R 2019	03/12/2019	WORLD AIDS DAY	400 AIDS awareness stickers were stuck on the vehicles and 150/ red ribbons were	Vaniyavad circle



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			distributed among the population.	
	09/12/2019	BLOOD DONATION CAMP	Total 44 units of blood were collected	JSAM office premises
	20/12/2019	ADOLSCENCE HEALTH	Awareness lecture on Menstrual hygiene and sanitary pads distribution	Hanumanpura primory school,nadiad
	21/12/2019	ADOLSCENCE HEALTH	Awareness lecture on Adolescence period related problems	Sanskara vidhyalaya , nadaid
	28/12/2019	JOY OF GIVING PROGRAM	Total 30 blankets were distributed among the needy people at this winter season .Dr.Ankit Paneliya NSS PO, Prof. Dr.Vidhi Bapna IQAC coordinator and Volunteers of Youth red cross and NSS unit (16)	Sundar Kue Bhetasi (Rural area of Nadiad)
JANUARY 2020	06/01/2020	THALASSEMIA SCREENING TEST	Thalassemia Screening test" for 1 st year BAMS students of J S Ayurved Mahavidyalaya. Total 100 students were screened .	J S Ayurved Mahavidyalaya
	20/01/2020	LECTURE ON "THALASSEMIA & SICKLE CELL ANEMIA AWARENESS "	Mr. Jayeshbhai from Indiad Red cross society, Nadiad delivered the lecture to 100 students of 1 st year BAMS	J S Ayurved Mahavidyalaya



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	21& 22/01/2020	LECTURE ON "A CARING ATTITUDE TOWARDS ENVIRONMENT	Swami Muditvandandji from Anand Ashram nadiad delivered the lecture on subject for 2 nd year students on 21/01/2020 (total 70 students) and for 3 rd year students (total 81) on 22/01/2020 between 3:00 to 5:00 pm.	J S Ayurved Mahavidyalaya
	25/01/2020	NATIONAL VOTER DAY CELEBRATION	District level national voter day celebrated on 25/01/2020 between 10:30 to 12:00 pm . Collector shri nadiad , SP shri nadiad , Mamlatdar nadiad graced the event with their presence. NSS unit JSayurved Mahavidhyalaya participated in this event.NSS volunteers (total 76) along with Dr,Ankit Paneliya NSS PO actively participated and took the pledge for voting.	KDP Auditorium, DPCN campus
	26/01/2020	REPUBLIC DAY CELEBRATION	Flag hosting and price distribution program	Js ayurved mahavidhyalaya
	27/01/2020	GUEST LECTURE ON JIVAN JIVAVANI KADA	Shri Virendra Tiwari ji from Dev Sanskriti Vidhyalaya Shantikunja Haridwar	Js ayurved mahavidhyalaya



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			delivered the lecture. Prof. Dr. U.U.Zala , other staff members of JS Ayurved Mahavidhyalaya and Total 169 BAMS students of JS Ayurved Mahavidhyalaya and 2 teachers attended the lecture.	
FEBRUAR Y 2020	10/02/2020 to 16/02/2020	NSS ANNUAL CAMP	Various activities organized as mentioned below.	Palana; Dist:Kheda
DATE	ACTIVITY IN MORNING SESSION(10am to 12:30 pm)		ACTIVITY IN EVENING SESSION(3:00 to 4:30pm)	
10.02.2020	-----		INAUGURATION CEREMONY(3:30 pm onwards)	
11.02.2020	Screening of cervical cancer through Pap test and counseling of patients at PHC palana done by Dr.Nilofar Shaikh . No. of beneficiaries; 21	other groups engaged with Door to door campaigning of AIDS Awareness	Guest lecture on water conservation and Awareness delivered by Mehul Patel sir. Total No. of beneficiaries: 96	
12/02/2020	Examination and counseling of antenatal patients at HWC dantali and palana done	Door to door campaigning of AIDS Awareness	Lecture on general hygiene and food habits at govt. primary school Dantali No. of beneficiaries; 150/	Guest lecture on Adolescence Health education at Govt. High school palana. No. PHC palana visit by NSS volunteers and lecture on Govt. services at PHC delivered by Dr.Ravit Patel.



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	by Dr.Nilofar Shaikh . No. of beneficiarie s; 12			of beneficiaries ; 50/	No. of participants 90/
13/02/2020	Awareness rally in palana village regarding Swacchata ,Saksharta ,yoga for health and Vyasnamukti by NSS volunteers. Total No. of participants 90/			Guest lecture on skill development and time management given by Shri Anup Desai sir. No. of beneficiaries; 91/	
14/02/2020	Distribution of Rogapratirodhaka kadha at milk dairy palana between 6:00 am to 7:30 am by NSS volunteers. No. of beneficiaries; 87/	Workshop on conservation of rare & endangered medicinal plants –Ideas of young minds at TB hospital campus palana. No. of participants; 91/		Guest lecture on Good Agriculture practice (GAP) by Dr.Ashwin Trivedi sir between 3;30 to 4:30pm. No. of beneficiarie s; 91/	Street play on food habits,swacchata and vyasnamukti by NSS volunteers at palana village between 9:45 to 10:15 pm
15/02/2020	Distribution of Rogapratirodhaka kadha at milk dairy palana between 6:15 am to 8:30 am by NSS volunteers. No. of beneficiaries; 297/	Demonstration of preparation of Home remedies to ASHA workers by PG scholars of department RSBK at PHC palanabette	Guest lecture by Prof.D.J.Vyas on learning Attitude at TB hospital Palana between 11:30am to 12:30pm No. of participants;	Awareness lecture on cyber crime by Mr.PranavDhagat sir between 3:00 to 4:30pm. No. of beneficiaries; 91/	



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		n 10:30 am to 12:30 pm. No. of beneficiaries; 28/	85/	
16/02/2020	Guest lecture by Dr.Manishavaja on sexual harassment at TB hospital Palana between 09:30am to 10:30am No. of beneficiaries; 91/		Valedictory function of annual NSS camp at TB hospital Palana No. of participants; 91/	
	26/02/2020	NOISE AVOIDENCE DAY	NSS volunteers(Total 37) and 3 faculties displayed the banners to public regarding noise pollution. Number of beneficiaries approx. 100	Mahagujarat Circle,nadiad
APRIL 2020	17-4-2020	E-TRAINING OF COVID -19 WARRIORS (AYUSH STUDENTS)-1	Dr. Brijesh K (HOD, Agada tantra Dept., JSAM, Nadiad) gave the virtual training to 90 students of 3 rd year BAMS	Virtual
	18-4-2020	E-TRAINING OF COVID -19 WARRIORS (AYUSH STUDENTS)-2	Dr. Brijesh K (HOD, Agada tantra Dept., JSAM, Nadiad) gave the virtual training to 92 students of 2 nd year BAMS	Virtual



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Thanking you,
From;

Dr. Nilofar Shaikh
N.S.S.P.O.
Associate Professor
Prasutitantra evam Streeroga
JS Ayurved Mahavidhyalaya ,nadiad

