



# J.S.AYURVED MAHAVIDYALAYA & P. D.PATEL AYURVED HOSPITAL

College Road,NADIAD.-387001 Gujarat -India

Ref.No.J.S.A.M./20117-18/

Dt.: 21/03/2017

## NABH Committee

The meeting of NABH Committee is scheduled to be held on **22/03/2017 at 3.30 pm** in the Board Room to consider the following mentioned agenda.

- Agenda Item: 01:** To approve the Minutes of the last meeting.
- Agenda Item: 02:** To approve action taken report of previous meeting
- Agenda Item: 03:** Discussion on Policy on Handling of Medico Legal Cases
- Agenda Item: 04:** Discussion on drafting policies and procedures
- Agenda Item: 05:** Discussion on drafting policy on emergency services in regard to Panchkarma , Kriyakalp, Striroga – Prasutitantra , Shalyatantra procedure along with SOPs of each procedure of Panchkarma, Kriyakalp, Striroga – Prasutitantra , Shalyatantra
- Agenda Item: 06:** Discussion on drafting Paediatric and Neonatal policy
- Agenda Item: 07:** Discussion on drafting policy of handling of high risk pregnancy cases

  
(Prof. Dr. Pradip Vaishnav)  
Principal



To,  
All the members of committee and invitees

C.C.to:

1. The Chairman/Secretary, Mahagujarat Medical Society, Nadiad
2. M.F.
3. S.F.



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## YONI PRAKSHALANA

### DEFINITION

- This is the special procedure with which asepsis is produced. This can be correlated with irrigation of vagina or douche

### STANDARD OPERATING PROCEDURE

#### MATERIAL REQUIREMENT

- Sterile gloves
- Gauge piece
- Cotton
- Kwatha
- Douche Can
- Rubber tube
- Vaginal nozzle
- Sponge holding forcep

#### PURVA KARMA

- Take consent for the procedure and evaluate patient safety for before procedure as per pre procedure checklist
- Patient is advised to empty her bladder.
- Prepare Kwatha

#### PRADHANA KARMA

- Position- Dorsal position with thigh flexed.
- Vaginal nozzle will be inserted in vagina without lubrication.
- Then slowly wash with 500 ml medicated Kwatha in clockwise and anticlockwise direction.

#### PASHCHATA KARMA

- Patient is advised to cough for expulsion of the remaining Kwatha from vagina.
- Clean the vulva and vagina with gauze piece
- Post procedure evaluation should be written in patient's file

## **YONI PICHU**

### **DEFINITION**

Dipping of a gauze piece in Taila or Ghrita and kept in vagina is called Yoni Pichu.

### **STANDARD OPERATING PROCEDURE**

#### **MATERIAL REQUIREMENT**

- Sterile gloves
- Gauze piece
- Medicated oil/Ghrita
- Bowl

#### **PURVA KARMA**

- Take consent for the procedure and evaluate patient safety for before procedure as per pre procedure checklist
- Patient is advised to empty her bladder.
- Slightly warm Oil/Ghrita

#### **PRADHANA KARMA**

- Position- Dorsal position with thigh flexed.
- Sterile gauze piece will be dipped in medicated oil/Ghrita and then enter it in the vagina.

#### **PASHCHATA KARMA**

- The gauze piece should be removed after 2-3 hours or when patient feels urine sensation
- Post procedure evaluation should be written in patient's file

## YONI POTTALI

### STANDARD OPERATING PROCEDURE

#### MATERIAL REQUIREMENT

- Bowl
- Sponge holding forcep
- Sterile gloves
- Medicated Pottali
- medicated oil/Ghrita

#### PURVA KARMA

- Take consent for the procedure and evaluate patient safety for before procedure as per pre procedure checklist
- Patient is advised to empty her bladder.
- Yoni Prakshala with Panchavalka Kwatha

#### PRADHANA KARMA

- Position- Dorsal position with thigh flexed.
- Yoni Pottali will be dipped in the medicated oil/ Ghrita.
- Then Pottali will be entered in vagina I direction of vaginal wall.

#### PASHCHATA KARMA

- Yoni Pottali should be removed from vagina after 2-3 hours when patient feels urine sensation
- Post procedure evaluation should be written in patient's file

## **AGNI KARMA**

### **STANDARD OPERATING PROCEDURE**

#### **MATERIAL REQUIREMENT**

- Sims speculum
- Anterior vaginal wall retractor
- Sponge holding forceps
- Vullselum forceps
- Sterile gloves
- Candle
- Matches
- JatyadiTaila
- AgnikarmaShalaka
- Gauge Piece
- Cotton

#### **PURVA KARMA**

- Take consent for the procedure and evaluate patient safety for before procedure as per pre procedure checklist
- Patient is advised to empty her bladder.
- Yoni Prakshala with PanchavalkalaKwatha

#### **PRADHANA KARMA**

- Position- Lithotomy position
- Painting with antiseptic solution at vulva and vagina.
- Visualize cervix by using Sims speculum and anterior vaginal wall retractor.
- Catch the anterior lip of cervix by vullselumforcep.
- Clean the site of cervical erosion with gauze piece.
- AgnikarmaShalaka will be heated by candle, and then Bindu type of Agnikarma will be applied over the affected part.
- The sign of SamyakaDagdha is seen like PakwajambuPhalavata, the flesh is burnt (at affected part), assume a bluish brown colour is marked.

#### **PASHCHATA KARMA**

- JatyadiTaila will be applied over the treated part.
- Remove all instruments
- Bed rest for 2 hours
- Post procedure evaluation should be written in patient's file

## UTTARA BASTI

### DEFINITION

Uttara Basti is a procedure in which medicine in form of Taila/Ghrita is made to pass through Yoni in to Garbhasaya and through MutraMarga in to Mutrasata in female.

### STANDARD OPERATING PROCEDURE

#### MATERIAL REQUIREMENT

- Sims speculum
- Anterior vaginal wall retractor
- Sponge holding forcep
- Vullselumforcep
- Uterine sound
- Uttara Basticanula
- Syringe
- Bowl
- Sterile gloves
- Gauze piece
- Cotton
- Oil/Ghrita

#### PURVA KARMA

- Take consent for the procedure and evaluate patient safety for before procedure as per pre procedure checklist
- Whole body Abhyanga with medicated oil (BalaTaila/ Narayana Tail) for 20 minutes.
- SarvangaBashpaSweda by Nirgundi Patra Kwatha for 10 minutes
- Yoni Prakshala with PanchavalkalaKwatha
- Prepare operation theatre trolley

#### PRADHANA KARMA

- Position- Lithotomy position
- Painting with antiseptic solution at vulva and vagina.
- Visualize cervix by using Sims speculum and anterior vaginal wall retractor.
- Catch the anterior lip of cervix by vullselumforcep.
- Determine length and position of uterus by uterine sound.
- Uttara Basticanula is introduced in the direction of uterine cavity, then 3/5 ml medicated Taila/Ghrita is injected with syringe from oyer side of canula
- Remove all instruments

#### PASHCHATA KARMA

- Patient is given head low position for 15 minutes
- Post procedure evaluation should be written in patient's file